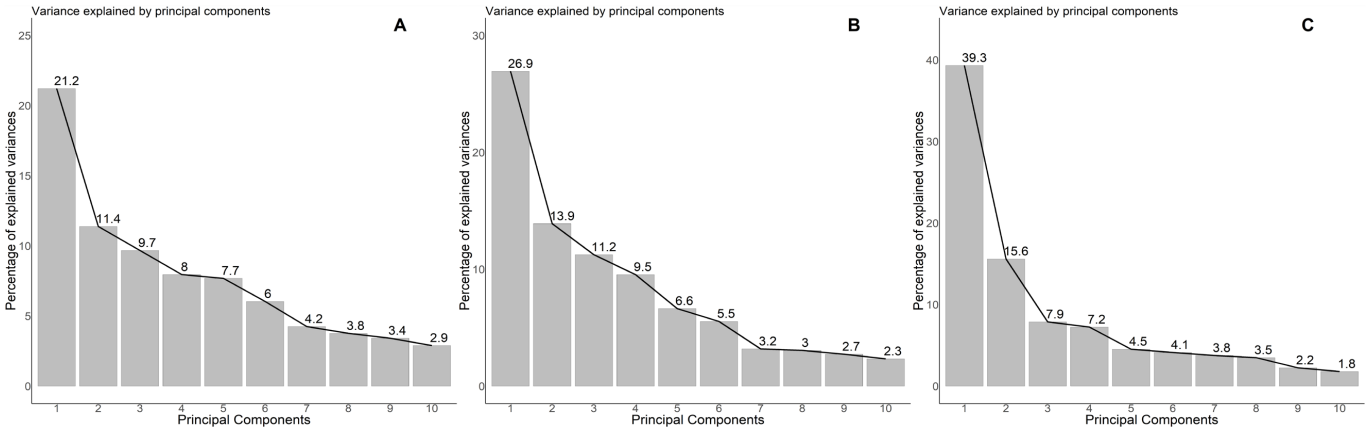


Figure S6. Percentage of variance explained by the first ten principal components in beta PCA based on the gut microbiome composition of participants. PCA was carried out at the species **(A)**, at the genus **(B)** and the family **(C)** levels. The bar plots include only the top ten principal components explaining the highest variance proportion. The numbers above bars indicate the percentage of variance explained by the respective principal component.